

Crookhill Community Primary School Hexham Old Road Ryton NE40 3ES

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17<sup>th</sup> November 2023

### FRIDAY LETTER

Dear parents and carers,

#### **Anti-Bullying Week**

It has been anti-bullying week this week - an important part of the Crookhill calendar. This year's theme is 'Make a Noise About Bullying'. The children have worked so hard all week and we are always so impressed with how positively and sensibly they explore some difficult themes.

Our week started on Monday with a special assembly about World Kindness Day where we found out how kindness helps our minds and bodies. Did you know that:

- Kindness can help us feel happier When we experience kindness, a hormone called dopamine is released in our brain which gives us a feeling of elevation and lifts our mood
- Kindness improves relationships We like people who show us kindness. This is because kindness helps us feel more 'connected'
- Kindness is contagious When we are kind, we inspire others to be kind

Here are some simple ways to show kindness





During the week, we have been reminding ourselves what to do if we see or experience bullying and that bullying is not just falling out with our friends.

# Bullying is behaviour by an individual or group, usually repeated over time, that intentionally hurts another individual or group either physically, psychologically or emotionally.

To 'Make a noise about bullying', Y1 talked about who they could tell if they were worried about bullying and made megaphones so that they could really 'make a noise'! Our week ended as always, with Friendship Friday when we think about what makes a good friend and how we can be a good friend. More information can be found in our Anti-Bullying Policy which is on the school website and on our Facebook page.

#### Nurse Wendy

Our friend Nurse Wendy came to visit the children in Reception on Tuesday. She showed the class lots of pictures of people who you might meet on a visit to hospital and she brought lots of equipment and bandages so our children could take a good look at everything. A trip to hospital can be quite a daunting prospect for anyone, visits to school like this help make things a bit less scary.

#### Fire Team in Year 4

A team of staff from the Tyne and Wear Fire Service came to see Year 4 on Tuesday. They chatted to the class about fire safety in the home, remembering to turn devices off and not leave them charging overnight. They discussed the importance of not overloading plugs and sockets, not to use the tumble drier overnight and always to check your smoke alarm is working by adopting 'Test it Tuesday'

#### **Road Safety Year 3**

The children in Year 3 continued their Road Safety Programme yesterday. They took to the streets of Crookhill in their high visibility vests and practised safe ways to cross the road, being extra careful around busy traffic and parked cars.

#### **BBC Children in Need**

We raised lots of money by selling cupcakes and sweet treats for Children in Need today. A huge thank you to everyone for getting involved. Every penny raised by this super charity goes directly towards making a real difference to the lives of disadvantaged children across the United Kingdom.

#### **Christmas Dates**

Just to remind you of the many events and exciting activities over the next few weeks. Please keep this list safe to refer to:-

Thu 30<sup>th</sup> Nov - Tree Lighting in Ryton - more info to follow

<u>Fri 1<sup>st</sup> Dec</u> - Festivals of Light and Non uniform day, could we ask children to bring in the following treats for the Christmas Faye tombola please.

Reception - Any chocolate or sweet treat

Year 1 – Any toiletry gift, such as bubble bath

Year 2 - Any toiletry gift, such as bubble bath



Year 3- Any chocolate or sweet treat

**Year 4**- A bottle for the bottle tombola, this could be juice, pop or perfume for example, however any alcohol must be brought to school by parents please.

**Year 5**- A bottle for the bottle tombola, this could be juice, pop or perfume for example, however any alcohol must be brought to school by parents please.

**Year 6** – Bottle for the bottle tombola – see info above

<u>Fri 8th Dec</u>- Christmas Fayre – 2.30-4.30pm Tue 12th Dec- Christmas Dinner Day

Mon 18th Dec-Reception/Key Stage One Nativity 1.45pm

Tue 19th Dec- Reception/Key Stage One Nativity 11am

Tue 19th Dec- KS1 Christmas Party afternoon

Wed 20th Dec- Key Stage Two Carol Service at Holy Cross Church 10am

Wed 20th Dec-KS2 Christmas Party afternoon

Thu 21st Dec- Christmas Music Workshop

Fri 22nd Dec- Winter Jumper Day for Save the Children

Break up for the end of term holidays

Return to school on Monday 8th January 2024

#### **Christmas Fayre**

It is our Christmas Fayre on Friday 8th December with doors opening at 2.30pm.

Santa Claus will be in his grotto and there will be lots of stalls in the main hall including tombola, raffle, face painting, crafts and cakes. Please let school know if you would like a stall of your own for a small donation. Friday 1<sup>st</sup> December is a non-uniform day and children are asked to bring a small donation to the tombola stall, please see the list above.

A reminder that next week is the last week for afterschool clubs this term. Have a lovely weekend and we will see you all on Monday.

Yours sincerely,

Miss K McCormack Head Teacher















